

Rusk County teen selected as Healthy Texas Youth Ambassador

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County Extension Agent

Rusk County 4-Her, Winter Curry, recently received notification that she has been selected as a 2020-2021 State 4-H Healthy Texas Youth Ambassador!

So what exactly is the Texas 4-H Healthy Texas Youth Ambassador (HTYA) Program? Well it is a program for 4-H teens that are motivated, excited, and ready to make a change in their community! This program is designed for high school age youth who have a passion for health and wellness. These youth are trained at the regional level to become youth health experts who can motivate others to make a change in their lifestyle to improve their health. More importantly, these ambassadors assist local county extension agents with program efforts, project activities, and much more!

After youth are accepted to the local program, they must fulfill the following obligations: complete and report 40 hours of leadership, program efforts, or community service annually; attend face-to-face

and online training; and complete a 2 year term.

First on the agenda for Winter as a new HTYA is to attend the State Healthy Texas Youth Ambassador Training Summit in late July.

Due to COVID-19 concerns, this summit will be offered virtually and will feature the "Health Rocks! Curriculum" which is the National 4-H Curriculum for prevention of alcohol, drug, e-cigarette, and tobacco use. Summit sessions will include training on public speaking, connecting with community partners, social media safety, and human trafficking awareness.



Courtesy photo

Winter Curry has been selected as a 2020 State 4-H Healthy Texas Youth Ambassador. She is expected to be a shining representative of Rusk County and it's 4-H program.

This cohort of the 4-H Healthy Texas Youth Ambassador program has 170 plus ambassadors and can expect an enthusiastic and capable leader in Rusk County's Winter Curry.